

COMPETENCIES AND KNOWLEDGE FOR PROVIDING NALOXONE TRAINING AND NALOXONE SUPPLY

Name Telephone.....Email.....

Service..... Designation..... Date

How confident to you feel about being able to manage an overdose situation? (ie knowing exactly what steps to take and when) Please circle one of the following options	Not confident
	Unsure
	Confident
	Very confident
Do you feel skilled enough to get involved in an overdose situation? (i.e the practical skills required to intervene) Please circle one of the following options	Not skilled
	Unsure
	Skilled
	Very skilled

To determine level of knowledge and skills, the following overdose, intervention and Naloxone test will be completed.

What would you say <i>could be</i> the 3 most important things that you can do when confronted with an overdose situation?	(1)
	(2)
	(3)
What are the main drugs involved in overdoses or drug related deaths	(a)
	(b)
	(c)
	(d)
	(e)
What behaviours puts a person at most risk of overdose when taking drugs	
When is a person most at risk of overdosing	
On a scale of 1-10, how serious a problem are drug overdoses in Scotland. 1= Not serious to 10= Very serious	
What vital function stops first when opiate overdoses cause death?	

Name 3 signs of possible life threatening opiate related overdose?	(1)
	(2)
	(3)
Names 3 factors that increase the risk of fatal overdose	(1)
	(2)
	(3)
What is the major difference in the action of heroin and methadone	
What is the usual first dose (in mls) of naloxone, and how would you give it?	
How often/at what intervals would you repeat naloxone administration?	
Does cocaine use increase or decrease heroin OD risks?	
Why is it essential that an ambulance is called even after naloxone had been given to opiate overdose casualty?	
Name 3 things that may reduce the chances of an opiate overdose?	(1)
	(2)
	(3)
First Aid Questions	
What are the "four steps" involved in getting someone into the recovery position?	(1)
	(2)
	(3)
	(4)
Why are rescue breaths so important?	
What is the chest compression to breaths ratio?	10:1
	15:5
	30:2