

Additional Support Needs and Relationships Education – Resources

Many of these resources can be borrowed by parents/carers and professionals for free from the Public Health library in Dundee. You can register at the following link:

<https://www.hpac.nhs.uk/HPAC//HPACIndex.jsp?sitename=www.tayhp.com>

You can also find additional resources, such as useful websites, [HERE](#)

Title	Details	Where From?
Able2learn	Downloadable social stories	FREE Downloads Able2learn https://able2learn.com/
All About Us	DVD Rom – covers relationships, contraception, STI’s, public and private	£14.99 FPA Cheaper CD Rom version available for £2.99 www.fpa.org.uk
All About Us Lesson Plans	A manual that can be used with the DVD Rom	£7.99 FPA www.fpa.org.uk
Book Beyond Words	Books with no words covering relationships, sexual abuse and sexual health	£12.50 each or £80 for a set Beyond Words www.booksbeyondwords.co.uk
CHANGE accessible booklets	A series of leaflets around various topics	£6.99 each or £25 per set CHANGE www.changepeople.org
Childnet STAR toolkit	Activities around online safety for young people with additional support needs	Getting Started Childnet
Let’s Talk About Relationships and Sex	Training resource for people with Downs Syndrome covering 8 different aspects of sex and relationships	Various prices depending on what you download Downs Syndrome Association www.downs-syndrome.org.uk
Online Pornography and Illegal Content – an easy read guide	Easy read guide about pornography	FREE Download CMG and CHANGE https://www.choicesupport.org.uk/uploads/documents/Online-Pornography-and-Illegal-Content-Web-Version.pdf
Personal Space &	Books for autistic people	£8.99 each

What Are Relationships?	addressing personal space and relationships	Kate Reynolds www.amazon.co.uk
RSHP Scot resource	A curriculum based set of activities for all children and young people around relationships education – includes an image bank for children with ASN	FREE TASC https://rshp.scot/
Sclera	Image bank with symbols for sexual expression etc	FREE download Sclera www.sclera.be
Stonewall	Information about gender and sexuality in easy read format	FREE Stonewall www.stonewall.org.uk
Talking Together Books Things Ellie/Tom Likes & What's Happening to Ellie/Tom	Set of 3 books addressing: <ul style="list-style-type: none"> • Growing Up • Sex and Relationships • Contraception Picture books around puberty and masturbation	Various prices FPA www.fpa.org £8.99 FPA www.fpa.org
This is Me: The Girl Who Was Really a Boy	A picture book about being Trans	£6.99 Lindsay Taylor www.amazon.co.uk